

KIERNAN ANTARES

Artist Statement



Each painting becomes a journey of exploration—of self, of the mysteries of love, of nature and the cosmos. I disappear into the unknown seeking what will be revealed or undone; new ways of being, releasing limiting thoughts and feelings, new ways of applying texture and colour. Playing, scraping, blending, adding, taking away. Layers, welcoming drips, accidents.

When I paint I offer prayers, I meditate, and invoke the energies of the Source of Creation or the infinite field of the hidden realms. I ask to be a conduit for an eternal presence fuelled by love, wisdom, and healing. Most of all, I listen, I feel, and aim to express the inexpressible through colour and strokes. It is a very magical, rich, and empowering process.

My inspiration is the ground beneath my feet, how it feels when I breathe it into my body. It is the wind and how it feels caressing everything it touches. It is the illuminating beauty of the sea, the sky, the trees, flowers, and mountains.

I see my role as an artist to enliven, inspire and illuminate during these intense times of change. My desire is for people to feel this invisible embrace of beauty in my paintings and be infused with its vibrancy and grace.

Painting is deeply intimate and essential to my existence and happiness.

"Thank you for being an inspiration to all of us and reminding us that dreams really

do come true!" ~

Marisa F.

"Gorgeous explosive colouring. So eye catching—an aura gone wild!" ~ Jim



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