**Artist statement**

Colour energy fascinates me; its force of attraction and power to inspire are often my entry point in a new painting. My creation process comes in two phases. The impulse to paint comes firstly from a colour that corresponds to my inner state of mind. Choosing the dominant colour of a painting enables me to connect with the subconscious and to reach a higher level of awareness. Once the dominant colour is chosen, I select two or three colours, such as bright green, turquoise, magenta or yellow, which will interact with it in a dynamic way. I cover the canvas with these colours and often insert patterns in paper, words or excerpts of inspiring texts that convey a message.

I let this first layer of colour dry and then begin the second phase by applying a layer of darker colours on the whole surface of the painting. While this second layer is still fresh, I use a technique known as *sgraffito* to scratch through the outer layer of wet paint and reveal the underlying bright colours, or portions of paper patterns or of written words.

These spontaneous strokes create a sense of loss of control and invite an element of chance. Sometimes, human shapes or symbolic figures will emerge from the painting without having been planned. Each painting ends up being a revelation, an unexpected result… and this is exactly what makes me happy.