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Art Statement

The connections between psychology and art have been the constant subject of my paintings. I became fascinated with this theme during my practice as a clinical psychologist, an experience that helped me to infuse my art with principles based on different lines of thought in psychology. Some Freudian concepts, ideas from the Phenomenology, concepts of the Psychology of Gestalt and some Jungian concepts are particularly important to my artworks. Since I moved to Minnesota, instead of continuing my clinical practice, I have centered my focus exclusively on painting, making it my way of stimulating people's psychological dynamics. The intention of my work is to make people creatively question what they are seeing, and to make contact with their innermost being. For me, art is a type of embodiment in which energy and space converge and experience creates matter. It is also way of awakening perception by addressing the senses directly, which allows better conditions to facilitate the communication between the person and his or her deeper self.

I usually create series of artworks in which I explore topics related to the connections between art and psychology. In several of my oil, encaustic and mixed media pieces I reflect on the concept of memory and am particularly interested in the qualities of these media that make the passage of time more visible. From my perspective the passage of time is intimately associated with a multitude of psychological dynamics and highlights the idea that the act of seeing is actually an act of comprehending. We see things not only with our brain, but also with our experience, and this experience is part of an array of psychological processes that go beyond our awareness. Thus, in my pieces, I seek to play with elements pertaining to the act of producing and beholding art to reflect on the connections between images and the mind. As a psychologist I am interested in the complex relationship between the viewer and the act of seeing. As an artist, I am deeply interested in the continuous feedback between matter and sensation that opens up perception. Images, for me, images are a psychological experience of pleasure, culturally determined and socially legitimated.

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